



# WATER AEROBICS

## MORNING CLASSES

Mondays, Wednesdays & Fridays → 9:30 AM – 10:30 AM

Members: No charge - included in membership fee

Non member and walk in: \$15.00 per class per person

## EVENING CLASSES

Mondays, Wednesdays & Thursdays → 6:30 PM – 7:30 PM

No class April 30 & May 3, 2012

Members: No charge - included in membership fee

Non member and walk in: \$15.00 per class per person

**We have a new water aerobics instructor on Wednesday nights – Miss Colleen**

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**Enjoy all the benefits a water aerobics class can give:**

- ✓ Muscle toning
- ✓ Cardio
- ✓ Flexibility

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439 Federal Road, Brookfield, CT 06804 ♦ 203-775-2755

[www.thediveshopaquaticcenter.com](http://www.thediveshopaquaticcenter.com)